


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
		Sorry, no programs this week due to respiratory outbreak precautions				10:30 Lawrence Welk (UG) 3:45 Aromatherapy & Hand Massage (UA)	
10:15 Sing-a-long (UB) 7	2:45 The Burns & Allen Show (UP) 8 5:15 'Meet Me in St. Louis' Dinner & Movie (Bistro)	10:15 Pet Visits w/Ann & Danny 9 11:00 Singing with Andrea (UA) 10:30 Baking (UB) 1:15 Baking Bread & Reminisce Cart (UP) 2:00 Scenic Drive 2:30 Musical Memories (UC) 4:00 Walk 'n Roll (UP) 4:00 Hand Massage (UB)	9:30 Active Games (UP) 10 10:30 Active Games (UG) 1:15 Crib (MPR) 1:15 Baking Bread & Reminisce Cart (UA) 1:30 Free Presbyterian Church (Bistro) 4:15 Friendly Visit (UC) 7:15 Friendly Visit (UG)	9:15 Friendly Visits (UG) 11 9:30 Pet Visits with Rolande & Shadow 10:30 Bingo (UP) 10:30 Catholic Church (Bistro) 10:45 Armchair Travel( UG) 1:00 Scattergories (UB) 4:15 Walk 'n Roll (UA)	10:30 Painting Picasso's Snowscapes (Bistro) 12 2:00 Salvation Army Church (Bistro) 3:30 Yahtzee (UG) 5:00 Dinner & Movie (MPR)	8:00 Breakfast Club (MPR) 13 10:45 Lawrence Welk Show (UC) 1:15 Crib Tourney (UG)	
1:45 Scattergories (UP) 14 3:00 Musical Memories (UA) 4:15 Walk 'n Roll (UB)	9:30 Manicures (UG) 15 11:00 Stretch It Out (MPR) 1:30 Young at Heart Singers (Bistro) 3:30 Daniel O'Donnell Show (UA) 7:15 Friendly Visit (UB)  <small>Martin Luther King Day</small>	10:15 Pet Visits w/Ann & Danny 16 10:30 Anglican Church Service (MPR) 10:30 Victor Borge (UP) 1:45 Hand Massage & Aromatherapy (UC) 2:30 Daniel O'Donnell (UG) 2:30 'Mary Tyler Moore Show' (UB) 4:00 Balloon Ball (UA)	9:30 Manicures (MPR) 17 1:00 Musical Memories (UG) 1:00 Folding Fun (UA) 2:30 Hymn Sing (MPR) 4:15 Friendly Visit (UP) 6:00 'Hello Dolly!' Movie (MPR)	9:30 Pet Visits with Rolande & Shadow 18 9:15 Walk 'n Roll (UG) 10:30 Bingo (UP) 10:30 Catholic Church (Bistro) 1:30 Dollar Store Outing 1:45 Activity Kit (UB) 4:15 Walk 'n Roll (UA)	9:30 News & Views (UG) 19 1:45 Musical Memories (UA) 3:45 Pictionary (UC) 4:15 Walk 'n Roll (UP)	10:30 Lawrence Welk (UB) 20 1:15 Colouring (UP)	
1:45 Hand Massage & Manicures (UG) 21 4:15 Friendly Visits (UB)	10:15 Scattergories (UC) 22 1:45 Colouring w/Chrissy (UA) 2:45 Manicures (UB)	10:15 Pet Visits w/Ann & Danny 23 1:45 Balloon Ball (UC) 1:45 Armchair Travel (UP) 2:45 Armchair Travel (UG) 4:15 Friendly Visit (UC)	10:30 Sing-a-Long (UA) 24 11:30 White Spot Lunch Outing 1:30 United Church (Bistro) 3:15 Musical Memories (UP)	9:15 Friendly Visit (UA) 25 9:15 Friendly Visit (UG) 9:30 Pet Visits with Rolande & Shadow 10:30 Bingo (UP) 10:30 Catholic Church (Bistro) 10:30 Baking (UA) 2:30 Birthday Party Sunriders Entertain (UC) 4:15 Friendly Visits (UP)	9:30 Activity Kit/1:1 (UC) 26 10:30 Painting Picasso's Winter Wonderland (Bistro) 3:15 Active Games (UB)  <small>Australia Day</small>	9:30 Manicures (UA) 27 10:30 Musical Memories (UB) 1:15 Pictionary (UP)	
9:30 Manicures (MPR) 28 1:45 'Victor Borge' (UB)	9:30 Manicures (MPR) 29 11:00 Stretch It Out (MPR) 1:45 Pictionary and Proverbial Speaking (UB) 3:00 Celebration of Life (Bistro) 3:15 Scattergories (UG) 7:00 Walk n' Roll (UG)	10:15 Pet Visits w/Ann & Danny 30 10:30 Daniel O'Donnell Show (UA) 2:00 8 <sup>th</sup> Generation Wine Tasting (MPR) 3:00 Baking (UP) 3:30 Resident Council Meeting (MPR) 3:30 Scattergories (UC)	10:30 Sing-a-Long (UG) 31 12:45 Friendly Visits (UA) 2:00 Scenic Drive 4:00 Walk 'n Roll (UC)  <small>Tu B'Shevat</small>	UG-Upper Grape UB-Upper Bartlett UC-Upper Cherry UA--Upper Apple UP-Lower Peach MPR-Multi-Purpose Room			

# January 2018

## SECOND FLOOR

\*Programs are subject to change. please contact Kara, the Recreation Manager if you have any questions/concerns © Recreation and Volunteer Manager contact – 250 492 2600 Ext. 113 or email: [kara.nelson@haventhill.ca](mailto:kara.nelson@haventhill.ca)